

Unit 3								
Week	1	2	3	4	5	6	7	8
Date wb								
Key dates	Deadline for organising and planning a sports activity session							
Big ideas (key concepts)	1. R185: Performance and leadership in sports activities Organising and planning a sports activity session							
Lesson topics sequence	Organisation of a sports activity session (venue, equipment, timing, supervision, and contingency plan)	Safety considerations when planning a sports activity session (risk assessments and correct action and objectives to meet the needs of the group)	Planning a sports activity session	Planning a sports activity session	Leading a sports activity session (organisation of a sports activity session)	Leading a sports activity session (details, leadership style, adaptability, communication positioning, confidence)	Leading a sports activity session	Leading a sports activity session

Key assessments	Unit R185 performance and leadership in sports activities Topic area 4: Leading a sports activity Planning and leading a sports activity session							
Home learning	Add the results from your training programme to R185: Task 2. Microsoft TEAMS	Add the results from your training programme to R185: Task 2. Microsoft TEAMS	Add the results from your training programme to R185: Task 2. Microsoft TEAMS	Add the results from your training programme to R185: Task 2. Microsoft TEAMS	Complete assignment. R185 Task 4: reviewing your session. Make notes on strengths of session Microsoft TEAMS.	Complete assignment. R185 Task 4: reviewing your session. Make notes on area to improve of session Microsoft TEAMS.	Complete assignment. R185 Task 4: reviewing your session. Microsoft TEAMS.	Complete assignment. R185 Task 4: reviewing your session. Microsoft TEAMS.